

# Accessibility Guide

Prepared August 2018

Mclaren Community Leisure Centre Holdings, Registered Scottish charity No.SC025706 McLaren Community Leisure Centre (TRADING) Ltd, Registered in Scotland No: SC156034 Mollands Road, Callander, Perthshire, FK17 8JP

# Entrance/Reception area

The front entrance has two double doors with automatic closers and they are push to enter and pull to exit. The narrowest point past the reception desk to allow access is 1450mm.

- ➢ Front door single door width − 950mm
- Front door double door width 1800mm
- > Handles for doors height 1000mm
- Reception desk height 840mm
- Comments and suggestion box height 1260mm



## **Elevator:**

- External elevator call button height 1040mm
- Elevator door width 800mm
- > Elevator depth from door to rear rail 1410mm
- Internal elevator button height 1080mm
- Max elevator load weight 630KG





# Car Parking

There are plenty of spaces for car parking and 4 accessible spaces nearest to the building. There are 2 areas with a lowered kerb both measuring 1820mm wide. There is then a 20 meter walk from the end of the car park to the front entrance.



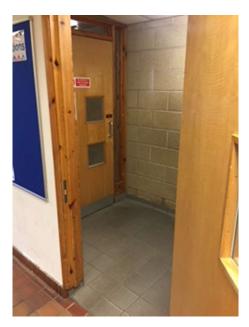


# Poolside Area

#### Poolside access:

There are two doors to access the swimming pool area they are both on automatic closers and are both pull doors to enter and push doors to exit with handles at 1000mm. They are fairly close together and there is a 90 degree turn between them.

- ➢ First entrance door width 900mm
- Second entrance door width 960mm



#### Poolpod:

Our Poolpod provides quick and simple access to our swimming pool for wheel chair users and swimmers with difficulty using stairs. Installation of an enhanced Poolpod pool lift system has made our swimming pool accessible to more children and adults with a much wider range of access needs. Ask staff for further details when wishing to use it.



#### Male Poolside Toilets:

This door has an automatic closer on it and is a push door to enter and a pull door to exit.

- Entrance door width 760mm
- Exit door handle height 1000mm
- ➢ Sink Height 770mm
- > Toilet bowl Height 420mm
- ➢ Flush handle height 900mm
- Cubicle door width 560mm
- Cubicle door lock 1000mm
- > Toilet roll dispenser height 980mm
- Soap dispenser height 1080mm
- ➢ Hand dryer height 1260mm
- Urinal Height 620mm



#### Female Poolside Toilets:

This door has an automatic closer on it and is a push door to enter and a pull door to exit.

- Entrance door width 760mm
- Exit door handle height 1000mm
- Sink Height 780mm
- ➤ Toilet bowl Height 420mm
- Flush handle height 900mm
- Cubicle door width 535mm
- Cubicle door lock 1000mm
- > Toilet roll dispenser height 990mm
- Soap dispenser height 1040mm
- Hand dryer height 1250mm
- Sanitary product dispenser 1660mm





#### Accessible Poolside Toilet:

This door swings freely and is a push door to enter and a pull door to exit. It also has an Emergency Alarm with pull cord.

- Entrance door width 850mm
- Exit door handle height and lock 1000mm
- Sink Height 750mm
- Toilet bowl Height 420mm
- Flush handle height 1130mm
- Horizontal railing height 690mm
- Vertical Railing bottom to top 800-1400mm
- > Toilet roll dispenser height 1040mm
- Soap dispenser height 1000mm
- > Hand towel dispenser height 1280mm

#### Accessible/Family Change area on poolside:

This is a larger changing area with a long bench and some more space for assisted changing or families changing together, it is equipped with a chair with wheels, a baby changer and a cot it also has a pull cord Emergency Alarm installed.

- Entrance Door Width 750mm
- Bench height 460mm
- Baby changer height 680mm

We also have 2 chairs for use with our Pool Pod pool hoist that can be moved to this changing area if required.

- ➤ Regular cubical door width 550mm
- Large cubical door width 800mm



#### Poolside showers/steam room/sauna:

There are showers by the pool for use before entering the water and there are showers in the shower room for the use of shampoos and soaps for afterwards.

- Shower button height 1260mm
- Shower entrance width 790mm

There is also a steam room and sauna for use during public sessions both of these are pull doors to enter and push doors to exit with freely swinging doors.

- Door handle height 900mm
- ➢ Bench height 460mm





# **Changing Room facilities**

## Male changing room:

This door has an automatic closer on it and is a push door to enter and a pull door to exit. It has two toilets, one accessible the other not. The narrowest point to gain access to the changing area is 950mm.

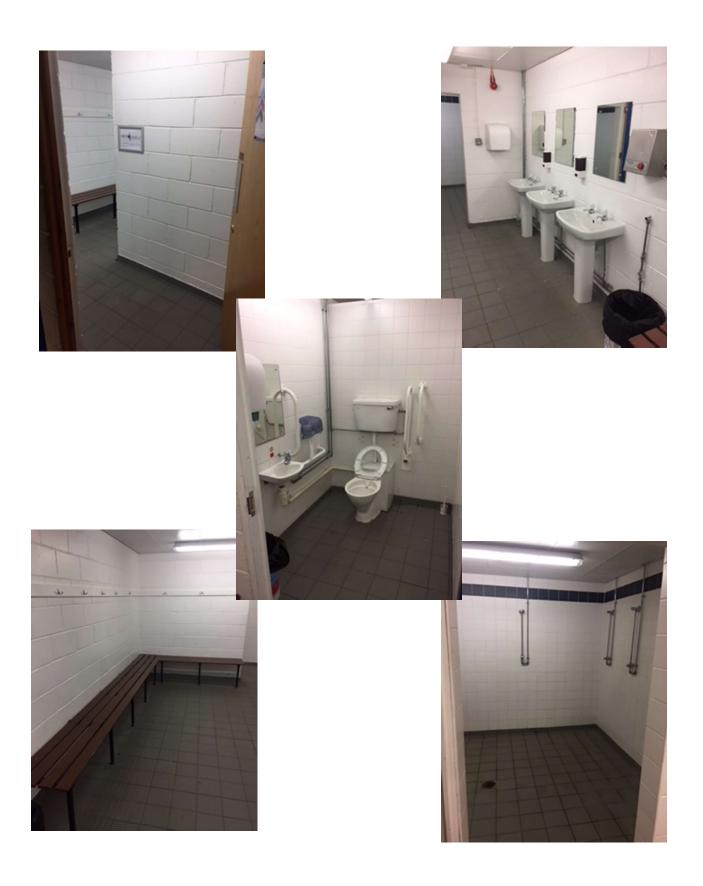
- Entrance door width 980mm
- Exit door handle height 1180mm
- Sink Height 810mm
- Accessible sink height 760mm
- Toilet bowl Height 430mm
- > Accessible toilet horizontal railing height (x2) 700mm
- Accessible toilet vertical Railing bottom to top 800-1400mm
- Flush handle height 670mm
- > Accessible toilet flush handle height 1200mm
- > Accessible Cubicle door width 890mm
- Cubicle door width 670mm
- Cubicle door lock height 1000mm
- > Toilet roll dispenser height 960mm
- Soap dispenser height 1080mm
- ➢ Hand towel dispenser height 1240mm
- ➢ Bench Height 450mm
- Shower push button Height 1220mm
- Shower entrance way width 870mm
- Electric hand dryer 1340mm
- Clothes hangers 1640mm

#### Female changing rooms:

This door has an automatic closer on it and is a push door to enter and a pull door to exit. It has two toilets, one accessible the other not. The narrowest point to gain access to the changing area is 970mm.

- Entrance door width 980mm
- Exit door handle height 1200mm
- Sink Height 800mm
- Accessible sink height 750mm
- Toilet bowl Height 430mm
- > Accessible toilet horizontal railing height (x2) 700mm
- > Accessible toilet vertical Railing bottom to top 800-1400mm
- ➢ Flush handle height 670mm
- > Accessible toilet flush handle height 1200mm
- Accessible Cubicle door width 890mm
- ➢ Cubicle door width − 670mm
- ➢ Cubicle door lock height 1000mm
- > Toilet roll dispenser height 960mm
- Soap dispenser height 1080mm
- Hand towel dispenser height 1230mm
- ➢ Bench Height 450mm
- Shower push button Height 1300mm
- Shower entrance way width 870mm

- Electric hand dryer 13400mm
  Clothes hangers 1620mm
  Shower cubical door width 500mm
  Shower cubical lock height 1100mm



# **Activity Areas**

#### Sports Hall:

There are two entrances to the hall the main one is on automatic closers and is pull to enter and push to exit with both doors open it is 1320mm wide. The second side entrance is again on automatic closers and is pull to enter and push to exit with both doors open this is 1120mm.





#### **Climbing Wall:**

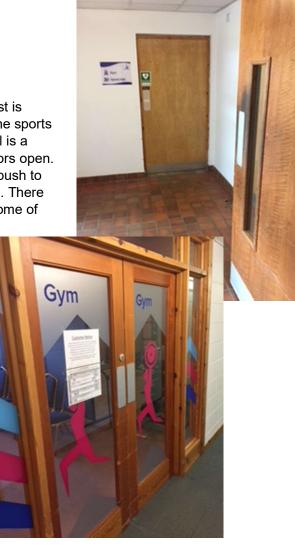
There is one entrance to the climbing wall it is a sliding door with a width of 760mm when fully open. There is also a sloped area of mat for easier access through the door.



#### Dance studio/conditioning gym:

There are 3 door on route to the dance studio the first is 890mm or you can skip this door by going through the sports halls 1120mm door, the second 960mm and the final is a double door that is 840mm or 1670mm with both doors open. All of these doors are on automatic closers and are push to enter and pull to exit with handle heights of 1100mm. There is a matted area with a small slope on it to access some of the machines





#### Fitness suite:

There is a double door to access this area with one door open it is 800mm wide and with both it is 1600mm wide. There are several cardiovascular and resistance machines as well as a selection of free weights. Two of the upper body resistance machine have full wheelchair access and there is full access to all of the free weight dumbbells. The narrowest gap in the fitness suite is 450mm however this can be avoided without restricting access to equipment. After that the narrowest gap is 800mm which would restrict access to some of our equipment.



# Lower corridor toilets

#### Lower Female Toilet:

This area has two doors and they have automatic closers on them they are one push door and one pull door to enter.

- 1<sup>st</sup> entrance door width 760mm
- 2<sup>nd</sup> entrance door width 760mm
- Exit door handle/lock height 1000mm
- ➢ Room width − 850mm
- Sink Height 810mm
- Toilet bowl Height 430mm
- ➢ Flush handle height 660mm
- ➤ Toilet roll dispenser height 960mm
- Soap dispenser height 1100mm
- ➢ Hand towel dispenser height 1340mm







This area has two doors and they have automatic closers on them they are one push door and one pull door to enter.

- > 1<sup>st</sup> entrance door width 760mm
- ➢ 2<sup>nd</sup> entrance door width 760mm
- Exit door handle/lock height 1000mm
- ▶ Room width 850mm
- > Sink Height 800mm
- > Toilet bowl Height 430mm
- Flush handle height 770mm
- > Toilet roll dispenser height 960mm
- Soap dispenser height 1100mm
- > Hand towel dispenser height 1300mm

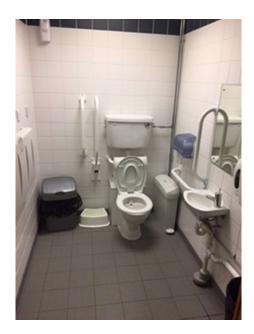




#### Lower Accessible toilet:

This door swings freely and is a pull door to enter and a push door to exit. It also has an Emergency Alarm with pull cord.

- Entrance door width 860mm
- > Exit door handle height and lock 1000mm
- Sink Height 740mm
- Toilet bowl Height 440mm
- Flush handle height 1200mm
- > 2x Horizontal railing height 650/700mm
- 2x Vertical Railing bottom to top 800-1400/850-1450mm
- Horizontal door railing height 700mm
- > Toilet roll dispenser height 1010mm
- Soap dispenser height 980mm
- > Hand towel dispenser height 1000mm
- ▶ Baby changing unit height 920mm
- Foot Stool 150mm



# Upstairs:

Accessible by the elevator or a flight of stair the leisure centre only has two floors, the ground floor and the 1<sup>st</sup> floor.

#### Café area:

- Servery height 1100mm
- Table height 730mm
- Chair seat height 460mm
- High chair height 730mm





#### Woodland Kingdom Indoor Soft play:

The soft play has a double door and is pull to enter and push to exit, it operates on automatic closers.

- Entrance door width single door 800mm, both doors – 1600mm
- Door handle 1100mm
- Door lock 1440mm
- ➢ Internal gate to play area − 920mm
- > Narrowest entry point of play frames 560mm
- > Table height 720mm
- Chair seat height 450mm
- ➢ High chairs 730mm



## Callander Indoor Arena (C.I.A):

The C.I.A. has a double door and is pull to enter and push to exit, it operates on automatic closers.

- Entrance door width single door 800mm, both doors 1600mm
- Door handle 1100mm
- Door lock 1440mm

## Meeting room 1:

The Meeting room 1 has a double door and is push to enter and pull to exit, it operates on automatic closers.

- Entrance door width single door 880mm, both doors 1740mm
- Door handle 1100mm

# Meeting room 2/Spin studio:

The Meeting room 2 has a single door and is push to enter and pull to exit, it operates on an automatic closer.

- Entrance door width 860mm
- Door handle 1000mm







# **Upper corridor toilets**

## **Upper Female Toilet:**

This area has two doors and they have automatic closers on them they are both push doors to enter and pull to exit.

- ➢ 1<sup>st</sup> entrance door width − 750mm
- 2<sup>nd</sup> entrance door width 760mm
- Exit door handle/lock height 1100mm
- Electric hand dryer height 1320mm
- Sink Height 800mm
- Toilet cubical door width 550mm
- Toilet bowl Height 400mm
- Flush handle height 900mm
- > Toilet roll dispenser height 1120mm
- Soap dispenser height 1130mm
- > Hand towel dispenser height 1250mm
- Sanitary product dispenser 1560mm







#### **Upper Male toilet:**

This area has two doors and they have automatic closers on them they are both push doors to enter and pull to exit.

- > 1<sup>st</sup> entrance door width 750mm
- ➢ 2<sup>nd</sup> entrance door width 780mm
- Exit door handle/lock height 1100mm
- Electric hand dryer height 1300mm
- Urinal height 630mm
- Sink Height 800mm
- > Toilet cubical door width 550mm
- ➤ Toilet bowl Height 400mm
- ➢ Flush handle height 930mm
- ➤ Toilet roll dispenser height 1120mm
- Soap dispenser height 1040mm
- > Hand towel dispenser height 1230mm

#### Upper Accessible toilet:

This door swings freely and is a pull door to enter and a push door to exit. It also has an Emergency Alarm with pull cord.

- Entrance door width 780mm
- > Exit door handle height and lock 1000mm
- Sink Height 720mm
- Toilet bowl Height 430mm
- Flush handle height 1160mm
- > 2x Horizontal railing height 700mm
- > 2x Vertical Railing bottom to top 850-1450mm
- Horizontal door railing height 700mm
- > Toilet roll dispenser height 1000mm
- Soap dispenser height 900mm
- ➢ Hand towel dispenser height 930mm
- ➢ Baby changing unit height 880mm
- ➢ Foot Stool 150mm

